



Nail Technician Course  
Nail Technician Curriculum

(SOC Code: 39-5092) | (CIP Code: 12.0410)

Level 1 Instruction shall be provided by a licensed master cosmetology instructor or licensed nail technician instructor. Each school or licensed instructor shall require each student to successfully complete one hundred forty (140) hours of Level 1 training before the student performs clinical services on a client/patron. For the purposes of this Rule, one (1) theory hour equals one (1) clock hour for the first one hundred forty (140) hours of training, which are intended to be theoretical in nature.

Theory=(140) - (140 theory hours/140 clock hours):

- (i) personal hygiene, professional ethics, and customer relations;
- (ii) cleansing and disinfection, public health and safety, infection control and bacteriology;
- (iii) AIDS, HIV, and other communicable diseases;
- (iv) EPA, OSHA, other government standards, blood spill procedure;
- (v) physiology and anatomy, including that of the hands, arms, feet, and legs;
- (vi) the art of massage and massage techniques, introduction to reflexology;
- (vii) nail composition and structure, nail disorders and nail diseases;
- (viii) chemistry, including product knowledge, composition, usage, safety, and hazardous materials;
- (ix) methods and procedures and implements, including their usage and safety;
- (x) salon business;

- (I) salon development and business operations;
- (II) client consultations;
- (III) business development;
- (IV) marketing, advertising, and retailing;
- (V) career/business planning, including preparation for interviews, resume writing, and goal setting; and
- (xi) Georgia State Board of Cosmetology laws and rules, a copy of which shall be provided to students.

Level 2 service application hours on live subject may begin when a student has completed the one hundred forty (140) required theory hours in the Level 1 curriculum, with a minimum passing score of seventy five percent (75%). The student may then progress to the clinic floor to perform 385 service application hours on live subjects (hours and applications apply to a full set only). The Level 2 service application curriculum shall be as follows:

- (1) Sanitizing and Disinfection of Tools, Implements, and Equipment =(5) - (5 service application hours/10 applications):
  - (i) implements (brushes, tools, and nail care implements) - (3 service application hours/6 applications); and
  - (ii) manicure stations, pedicure spas, beds and equipment - (2 service application hours/4 applications).
- (2) Manicure with hand and forearm massage (basic, hot oil, and various spa manicures)= (70) - 70 service application hours/70 applications);
- (3) Pedicure with foot and leg massage (basic and various spa pedicures) = (60) - 60 service application hours/60applications);
- (4) Nail Sculpting =(60) - 60 service application hours/30 applications);
- (5) Artificial tip application with overlay = (60) - 60 service application hours/30 applications);
- (6) Nail wrapping (silk, linen, etc. on natural nails only) = (20) - 20 service application hours/20 applications);
- (7) UV Gel Nails = (20service application hours/20 applications);
- (8) Fill-in application = (40) - (40 service application hours/40 applications);

(9) Artificial nail removal/nail repair = (10) - (10 service application hours/20 applications);

(10) Professional nail drill usage with professional drill designed for fingernails only = (5) - (5 service application hours/10 applications);

(11) Nail art techniques = (5) - (5 service application hours/5 applications);

(12) Airbrush nail art = (5) - (service application hours/5 applications);

(13) Paraffin treatments on hands and feet = (5) - (5 service application hours/10 applications);  
and

(14) Student competition: advanced techniques and related subjects = (20) - (20 service application hours/20 applications).

(15) Additional PPA instruction = (75)

The state board requires a practice of 525 hours per student for the nail technician program. Polished Prep Academy has increased our hours to 600 in total. We have made this increase in order to allow the students to have the extra hands on practice to learn nail art & design as well as any new nail techniques which may have arisen during that period of time.